

January 2026

AREA FIVE AGENCY SENIOR MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

People born in January fall under the zodiac signs of Capricorn (December 22 - January 19) or Aquarius (January 20 - February 18). The birthstone for January is garnet.



**AGENCY
CLOSED**

5
Chicken Pot Pie
Broccoli
Warm Spiced Peaches
Brownie
Milk

6
Meatloaf with
Gravy
Mashed Potatoes
Butter Beans
Mixed Fruit Cup
Bread
Milk

7
Sausage Gravy
Scrambled Eggs
Tater Tots
Grapes
Biscuit
Milk

8
Baked Chicken
Baby Bakers
Broccoli & Cheese
Peaches
Bread
Milk

9
Goulash
Peas
Applesauce
Dump Cake
Roll
Milk

12
Smoked Sausage
Green Beans &
Potatoes
Warm Applesauce
Pie
Bread
Milk

13
Chicken & Noodles
Mashed Potatoes
Peas
Cookie
Roll
Milk

14
Sweet & Sour
Meatballs
Scalloped Potatoes
Italian Green Beans
Pineapple
Bread
Milk

15
Homemade Beef Stew
Corn
Diced Pears
Fruit Cobbler
Cornbread
Milk

16
Philly Cheese
Casserole
Baby Bakers
Toss Salad
Cake
Milk

19
AGENCY CLOSED
**MARTIN LUTHER
KING JR DAY**

20
Breaded Chicken Patty
Red Skinned Potatoes
Succotash
Blueberries
Bun
Milk

21
Salisbury Steak
Mashed Potatoes
Seasoned Green
Beans
Cookie
Bread
Milk

22
BBQ Pork
Cheesy Potatoes
Carrots
Cake
Bun
Milk

23
Vegetable Soup
Grilled Cheese
Sandwich
Spiced Peaches
Crackers
Milk

26
Smoked Sausage
Sauerkraut
Mashed Potatoes
Diced Pears
Hot dog Bun
Milk

27
Chicken Sliders (2)
Tomato Basil Soup
Hominy
Fruit Cobbler
Bun (2)
Crackers
Milk

28
Country Fried Steak
Garlic Mashed
Potatoes
Green Beans
Mixed Fruit Cup
Bread
Milk

29
Baked Ziti w/ Italian
Sausage
Peas
Peach Cup
Garlic Bread
Milk

30
Chili w/ Beans
Baby Bakers
Broccoli
Lemon Pudding
Crackers
Milk

**“Taking care
is one way to
show your
love.
Another way
is letting
people take
good care of
you when
you need it.”**

*All Menus are
subject to change*