

# October 2026

## AREA FIVE AGENCY SENIOR MENU

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

5  
Pork Chops in Gravy  
Macaroni & Cheese  
Seasoned Green Beans  
Fruit Salad  
Roll  
Milk

6  
**CHEF  
SPECIAL**

7  
BBQ Meatballs  
Rice Pilaf  
Mixed Vegetables  
Pineapple Cup  
Bread  
Milk

1  
Philly Cheesesteak  
Broccoli  
Cucumber & Onions  
Mandarin Orange Cup  
Bun  
Milk

2  
Breaded Chicken Patty  
Stewed Tomatoes  
Hominy  
Chocolate Mousse  
Bun  
Milk

8  
Swiss Mushroom  
Burger  
Hashbrown Casserole  
Buttered Corn  
Pears  
Bun  
Milk

9  
Beef Stroganoff over  
Noodles  
Roasted Root Vegetables  
Blueberries  
Bread  
Milk

12  
Polish Sausage  
Mashed Potatoes  
Sauerkraut  
Applesauce  
Bread  
Milk

13  
Meatloaf  
Sandwich  
Baby Bakers  
Green Beans  
Peach Cup  
Bun  
Milk

14  
Sausage & Egg on  
English Muffin  
Diced Potatoes  
Banana  
Yogurt Cup  
Milk

15  
BBQ Chicken  
Baked Beans  
Chuckwagon Corn  
Pudding Cup  
Bread  
Milk

16  
Fish  
Warm German  
Potato Salad  
Brussel Sprouts  
Mandarin Oranges  
Bread/Tartar Sauce  
Milk

19  
Chicken Pot Pie  
Broccoli  
Warm Spiced Peaches  
Brownie  
Milk

20  
Lasagna Roll Up  
Italian Beans  
Mixed Fruit Cup  
Garlic Bread  
Milk

21  
BBQ Pork  
Red Skinned Potatoes  
Spinach  
Fresh Orange  
Bun  
Milk

22  
Salisbury Steak w/ Gravy  
Mashed Potatoes  
California Blend  
Vegetables  
Cookie  
Bread  
Milk

23  
Broccoli Cheddar  
Chicken  
Rice Pilaf  
Buttered Carrots  
Tropical Fruit Cup  
Bread  
Milk

26  
Ham  
Augratin Potatoes  
Brussel Sprouts  
Pudding  
Bread  
Milk

27  
Cheeseburger  
Baked Beans  
Coleslaw  
Jello  
Bun  
Milk

28  
Chicken in Gravy  
Mashed Potatoes  
Broccoli  
Pumpkin Dump Cake  
Bread  
Milk

29  
Biscuit & Sausage  
Gravy  
Sausage Patty  
Oven Roasted  
Potatoes  
Blueberries  
Milk

30  
Chicken Tenders  
Sweet Potatoes  
Buttered  
Cauliflower  
Cake  
Milk

