

October 2025

AREA FIVE AGENCY SENIOR MENU

Monday

Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

6
Spaghetti with Meat Sauce
Italian Vegetables
Tropical Fruit
Warm Spiced Apples
Garlic Bread
Milk

13
Chicken Pot Pie
Broccoli
Warm Spiced Peaches
Brownie
Milk

20
Smoked Sausage
Green Beans & Potatoes
Toss Salad
Pie
Bread
Milk

27
Sloppy Jo
Tater Tots
Peas & Carrots
Fruit Cocktail
Bun
Milk

Tuesday

7
Pork Chops in Gravy
Sweet Potatoes
Brussel Sprouts
Fruit Cobbler
Bread
Milk

14
Meatloaf with Gravy
Mashed Potatoes
Carrots
Mixed Fruit Cup
Bread
Milk

21
Chicken & Noodles
Mashed Potatoes
Buttered Corn
Cookie
Roll
Milk

28
Breaded Chicken Patty
Red Skinned Potatoes
Grilled Corn Salad
Blueberries
Bun
Milk

Wednesday

1
Broccoli Cheddar
Chicken
Rice Pilaf
Buttered Carrots
Tropical Fruit Cup
Bread
Milk

8
Shredded BBQ Chicken
Macaroni & Cheese
California Blend
Vegetables
Applesauce
Bun
Milk

15
Sausage Gravy
Scrambled Eggs
Tater Tots
Grapes
Biscuit
Milk

22
Sweet & Sour
Meatballs
Lo Mein Noodles
Mixed Vegetables
Pineapple
Bread
Milk

29
Salisbury Steak
Mashed Potatoes
Brussel Sprouts
Cookie
Bread
Milk

Thursday

2
Sausage & Egg
Sandwich
Diced Potatoes
Pears & Blueberries
Oatmeal Cream Pie
Croissant
Milk

9
Ham & Beans
Oven Fried Potatoes
Mandarin Orange
Cup
Cornbread
Milk

16
Baked Chicken
Baby Bakers
Broccoli & Cheese
Peaches
Bread
Milk

23
Homemade Beef
Stew
Corn
Diced Pears
Fruit Cobbler
Cornbread
Milk

30
BBQ Pork
Cheesy Potatoes
Carrots
Chocolate Cake
Bun
Milk

Friday

3
Cheeseburger
Baby Bakers
Creamed Corn
Fruit Crisp
Bun
Milk

10
Potato Crusted Fish
Scalloped Potatoes
Toss Salad
Pudding
Tartar Sauce
Bread
Milk

17
Goulash
Peas
Applesauce
Dump Cake
Roll
Milk

CHEF SPECIAL

31
Vegetable Soup
Chicken Salad Slider
Cottage Cheese
Spiced Peaches
Slider Bun
Milk



*All Menus are
subject to change.*