



Area Five Agency on Aging and Community Services - Community Resource List



We have knowledgeable, caring staff available to assist you. Our main office hours are Monday through Friday from 8:00 am to 4:30 pm. Please check all programs you would like a program specialist to provide more information on. Please include your name, address, and contact number, for our staff to contact you. Thank you!

Energy Assistance Program: Provides eligible families with a one-time heating and electric benefit to help reduce winter costs and keep households warm. Approved clients are eligible for moratorium protection between December 1 and March 15. Contact us to find out more or apply today! **Call 211 for an after-hours energy emergency or to seek additional community resources outside of office hours.**

Information and Assistance: 574-737-2100 or (800) 654-9421 ext. 520, via email at inconnect@areafive.com or online at www.areafive.com. For information on available services including: Trustee assistance, Salvation Army locations, St. Vincent De Paul in any of our service locations.

Aging and Disability Resource Center and Options Counseling: ADRC is a single coordinated system of information and access for individuals seeking long-term services and supports.

Hablamos Español?: La Agencia de Área Cinco De Servicios Comunitarios Con El Centro de Recursos para Discapacidades y Ancianos al 574-737-2100, 1-800-654-9421 ext 520. Tiene usted preguntas y no sabe dónde empezar? ¡Llame a nuestro centro de recursos para personas mayores y con discapacidades para información y asistencia!

Indiana Minority Health Coalition: Works to eliminate health disparities through research, education, advocacy, and access to health care services for minority populations.

Covering Kids & Families of Indiana: Advocates and enrolls eligible participants in low cost health insurance.

Family Caregiver and In Home Services: Services may include respite services, support groups for Mom’s Caregivers and Grandparents, caregiver training, other in home assistance services. **Case Management** is also a primary service focused on those with medical necessity to enable them to remain at home.

Nutrition and Health Promotion Programs: Senior Nutrition Programs provide those 60 years and older with access to a hot meals regularly. Senior Farmers Market Vouchers provide access to fresh Indiana grown produce. Evidence based health education programs help those with chronic afflictions manage those conditions. Senior Games encourage those 60 years and over to maintain an active, engaged lifestyle.

Healthy Families: Services are available for prenatal and new parents. The primary focus is on the parent/child interactions and the target child’s developmental milestones.

Women, Infants, and Children: WIC provides nutritious foods to supplement diets, nutrition education (including breastfeeding promotion and support), and referrals to health and other social services.

Head Start: Family centered child development program for preschool aged children, between 3-5 years of age. Staff work to prepare children with the necessary tools needed in primary education.

Options Counseling: Options Counseling is a free service that helps older adults, people with disabilities, and family caregivers think through the various options for long-term services and supports. Options Counseling may include a review of long-term services and supports, assessments for home and community based services, or community resource referrals. stay in their homes.

Other asset development tools we have available include, but are not limited to: Individual Development Accounts Program, Small Business Development, Tax Assistance Program and Housing & Development opportunities. Ask us about these programs and more!

Client Signature: _____ Date: _____

Printed Name: _____

Address: _____

Contact Number: _____