



Caregiver Support Group

Presented by:
Alzheimer's Association
Greater Indiana Chapter

Community Howard Regional Hospital
(Community Room)

3500 S. Lafountain, Kokomo

3rd Thursday at 6:00

In Partnership with Area Five

Visit alz.org/indiana to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system
- Exchange practical information on caregiving challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources